

TYLER ZACH PRESENTS



THE REAL HISTORY

OF THE ENNEAGRAM

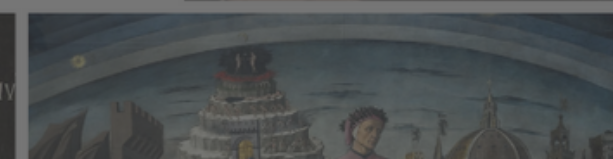
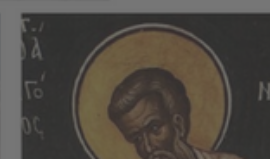
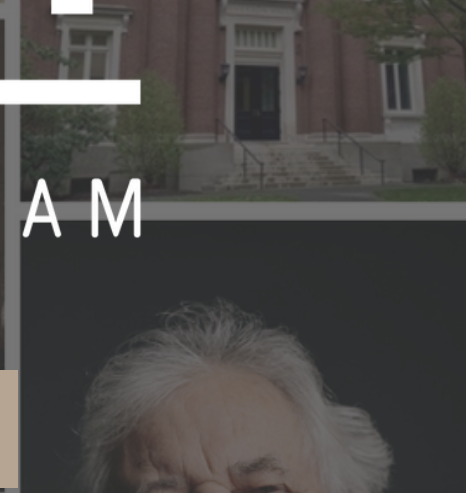
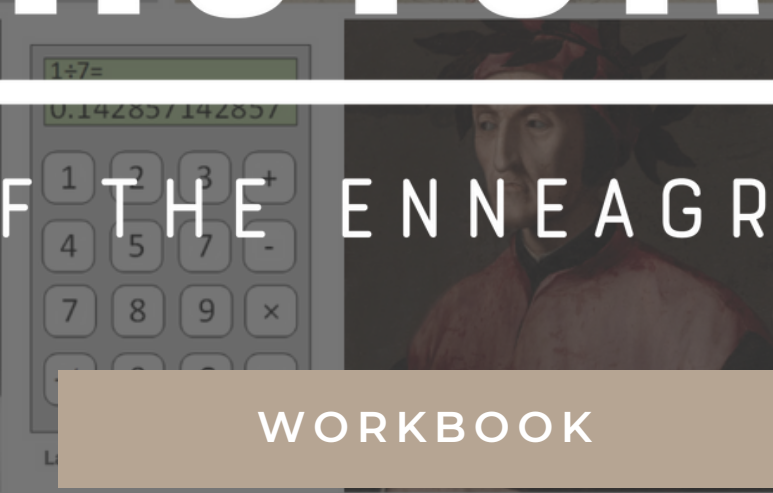
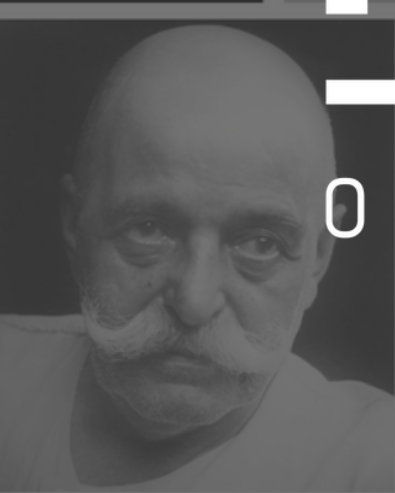
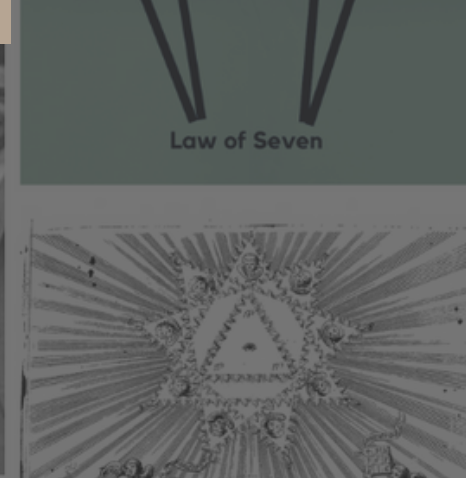
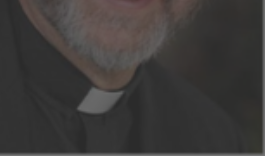
WORKBOOK

Law of One

Law of Three



Law of Seven



YOUR COURSE

INSTRUCTOR



TYLER ZACH

Author & Enneagram Coach

Tyler Zach is an author, certified Enneagram coach, and the co-founder of One Hope Church in Omaha, Nebraska. He also trains business teams to grow in self-knowledge, empathy, and productivity using the Enneagram. Currently, he's in the middle of working on a 40-day devotional for every Enneagram type. He has grown his @gospelforennneagram Instagram account to over 45,000 followers.

INTRODUCTION

HELLO, THERE!

I'm going to be YOUR GUIDE helping you to:

Gain CLARITY on the Enneagram's confusing origins

**Gain COMPETENCY on the the key influencers
and timeline of events**

**Gain CONFIDENCE to use the Enneagram and
teach the Enneagram**

Don't let people tell you the Enneagram is shrouded in too much mystery for Christians to use it. There's a lot that we *do* know.

This is the first course of its kind. Everything you read and hear is the result of a long and tedious search scouring the Internet for articles and Youtube videos, as well as buying books and magazines that are no longer in print. I wanted to do all the heavy lifting for you so that you can learn, enjoy, and get back to what you are doing—transforming the lives of others with this incredible tool.

I've laid out this course chronologically. We are going to talk first about the ancient origins, then the middle ages, and fast forward to the 1900s to talk in length about George Gurdjieff, Oscar Ichazo, and Claudio Naranjo. Finally, we'll look at the modern influencers of the last half-century up until the present *and* all the drama in between. Finally, I added some bonus videos at the end answering some common objections. Don't miss those!

When you are finished with the course, I wanted you to know that I've created a 40-day devotional for every Enneagram type. If you want to feel seen and hear from God, then grab a book filled with truths just for your type at www.gospelforenneagram.com.

SYLLABUS

MODULE

1

ANCIENT ORIGINS

Discover the ancient influences of the Enneagram. Get introduced to Homer, Pythagoras and Evagrius Ponticus.

LESSON 1.1

Homer (7th-8th century BC) and Pythagoras (570-490 BC)

LESSON 1.2

Evagrius Ponticus (345–399 AD)

MODULE

2

MIDDLE AGES

Discover the medieval influences of the Enneagram. Get introduced to Ramon Lull, Dante, and Athanasius Kircher.

LESSON 2.1

Ramon Llull (1232–1316 AD)

LESSON 2.2

Dante (1265-1321 AD) and Athanasius Kircher (1602-1680 AD)

MODULE

3

GEORGE GURDJIEFF (1872-1949 AD)

We'll cover the life of George Gurdjieff, the first-known teacher of the Enneagram. We'll also dissect the Enneagram symbol in detail to discover its real meaning.

LESSON 3.1

Background

LESSON 3.3

Decoding the Enneagram Symbol

LESSON 3.2

Main Contributions

LESSON 3.4

The Ancient vs. Modern Enneagram

MODULE

4

ÓSCAR ICHAZO (1931-2020 AD)

Learn about Óscar Ichazo, the man who first applied personality insights to the Enneagram symbol. We'll also investigate the claim that he received his knowledge from an archangel.

LESSON 4.1

Background

LESSON 4.3

Lawsuit Against Helen Palmer

LESSON 4.2

Main Contributions

LESSON 4.4

The Archangel Metatron

MODULE

5

**CLAUDIO NARANJO
(1932-2019 AD)**

You'll get introduced to Claudio Naranjo, the creator of the Enneatypes. We'll also investigate the claim that he received the Enneagram from spirits through automatic writing.

LESSON 5.1

Background

LESSON 5.3

5.3 The Function of Enneatypes

LESSON 5.2

The Psychology of Enneatypes

LESSON 5.4

5.4 The Automatic Writing Controversy

MODULE

6

**MODERN INFLUENCERS
1970-PRESENT**

Get an overview of Enneagram influencers from the 1970s to the present.

LESSON 6.1

The 1970s and 1980s

LESSON 6.2

The 1990s and 2000s

MODULE

7

ANSWERING COMMON OBJECTIONS

We'll cover a few of the common objections to using the Enneagram. To learn about Naranjo & automatic writing, go back and watch 5.3. For Ichazo & the archangel Metatron, go back and watch 4.4.

LESSON 7.1

Numerology and Astrology

LESSON 7.2

Scientific Validation

MODULE

8

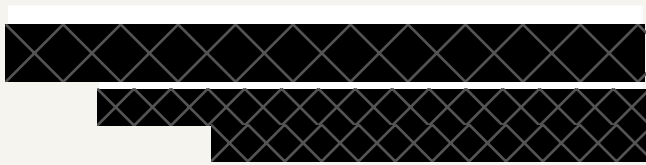
CONCLUSION: THE FINAL VERDICT

In light of all we've learned, should Christians use and teach the Enneagram?

LESSON 8.1

Should Christians Use The Enneagram?

TIMELINE

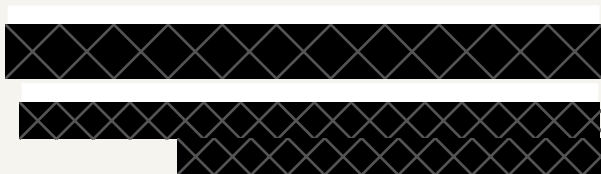


Evagrius Ponticus (345–399)

Desert father whose 8 Patterns of Evil Thought are similar to the vices & virtues we have today.

Dante (1265-1321)

In Dante's Divine Comedy, each person must spend more time on one of the terraces (deadly sins) before moving on toward heaven.



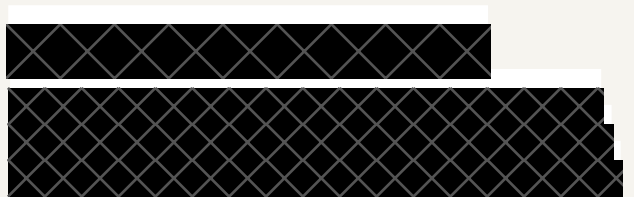
Claudio Naranjo (1932-2019)

He invented the Enneatypes and developed the 27 subtypes.



Pythagoras (570-490 BC)

He is credited with making the earliest representation of the nine-pointed star.



Athanasius Kircher (1602-1680)

The cover of Arithmologia (1655) includes an illustration that looks eerily similar to our modern Enneagram.



1970s

- [Redacted]
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1980s

- In 1980, Jerry Wagner published a doctoral dissertation on the Enneagram.
- The first Enneagram book "The Enneagram: A Journey of Self Discovery" by Beesing, Nogosek and O'Leary is published in 1984.
- Don Richard Riso encountered the early Enneagram material made available by Ochs in 1974, through one of Ochs initial students by the name of Tad Dunne, while Riso was in a Jesuit seminary in Toronto, Canada. In 1987, Riso published his first book on the Enneagram, "Personality Types."
- Helen Palmer published "The Enneagram: Understanding Yourself and Others" in 1988. Palmer teamed up with Dr. David Daniels that same year to form the very first Enneagram school where students could be certified to teach the Enneagram after an 18-month program. This program was called The Enneagram Professional Training Program (EPTP) but it was later renamed The Narrative Enneagram (TNE) in 2009. This school has trained tens of thousands of certified Enneagram teachers since.

1990s

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2000s

- In 2000, Dr. David Daniels published his first book called "The Essential Enneagram."
- In 2001, Sandra Maitri, one of Claudio Naranjo's students in his original SAT group, wrote a book called "The Spiritual Dimension of the Enneagram: Nine Faces of the Soul."
- In 2013, Beatrice Chestnut published "The Complete Enneagram" teaching the 27 subtypes in depth.
- In 2016:
 - Suzanne Stabile and Ian Cron published the widely popular book "The Road Back To You."
 - Marilyn Vancil published "Self to Lose, Self to Find: Using the Enneagram to Uncover Your True, God-Gifted Self."
 - Beth & Jeff McCord co-founded "Your Enneagram Coach."
- In 2017, Christopher Heuertz published "The Sacred Enneagram."
- From 2018 to the present, there has been an explosion of Enneagram authors and educators.

MODULE 1:
ANCIENT
ORIGINS

MODULE 1: ANCIENT ORIGINS

EVAGRIUS PONTICUS (345–399 AD)

THE BULLETS:

- Evagrius was fascinated by Pythagoras' number theory—in part, because early Christians thought there were correlations between Biblical numbers and Pythagoras' number theory.
- Evagrius claimed that 153, the number of fish caught by the disciples after the resurrected Jesus, is both a triangular number and a hexagonal number.
- Here we see Evagrius combining a triangle (which you see in our Enneagram 3-6-9 points) with a hexagonal figure (the 1, 2, 4, 5, 7, and 8 points). Because he described the two figures that make up our modern Enneagram symbol, some people think he is the originator of our symbol. But, we have no other proof either in his writings or illustrations to make this claim.
- Evagrius is said to have interviewed his fellow monks about the obstacles they encountered while meditating. Based on these interviews he developed a system of self-knowledge which relied on "categorizing various forms of temptation." He identified and defined eight patterns of evil thought in his treatise called "On the Vices Opposed to the Virtues."
- There are some parallels between the eight evil patterns of Evagrius and eight (of the nine) vices of our 9 Enneagram types.
- Two centuries later in 590 AD, St. Gregory would revise this list to form the more commonly known Seven Deadly Sins.

QUOTED IN THE LESSON:

I have divided this discourse on prayer into one hundred and fifty-three texts. In this way I send you an evangelical feast, so that you may delight in a symbolical number that combines a triangular with a hexagonal figure. The triangle indicates spiritual knowledge of the Trinity, the hexagon indicates the ordered creation of the world in six days ...

Evagrius Ponticus, Introduction to Chapters on Prayer


Perhaps it was St. Jerome who provided the right solution to the meaning of the 153 fish of great size when he observed that, according to the opinion of Oppianus of Cilicia, there are 153 species of fish...thus the passage refers symbolically to the universality of the Church.

St. Augustine, Bamberger, Chapters on Prayer, footnote 11 (54)

... Is it not when the last enemy, Death, shall be destroyed? It is to that time that the number of the 153 fishes pertains. For if the number 17 itself be the side of an arithmetical triangle... the whole sum of these units is 153.

St. Augustine, Letter LV to Januarius, Chap. XVII 31

NOTES/QUESTIONS:





LESSON

1.2

KEY TAKEAWAYS

Evagrius's statement about a “triangular with a hexagonal figure” along with his eight patterns of evil thought have led some to believe he was one of the originators of the Enneagram.

Early church fathers like Evagrius, St. Jerome, and St. Augustine believed that truth could be discovered using numbers.

MODULE 2:
MIDDLE
AGES

MODULE 2: MIDDLE AGES

RAMON LLULL (1232–1316 AD)

THE BULLETS:

- Ramon Llull gives us the earliest actual representation of a 9-pointed diagram that we can find in history. He lived in Mallorca, Spain. Llull was a hedonist turned Franciscan monk. He seduced married women in his former life before having his life transformed by God.
- His philosophical system, named the Ars (Latin for Art), was an attempt to systematically map all theology, the natural sciences, and human behavior. He believed that philosophy and theology are not at odds but could be used together. It was also Llull's goal to create a system by which he could draw Jews and Muslims to Christianity by means of logic.
- Llull developed a wheel in 1307 which placed 9 vices and virtues around a circle which resembles the Enneagram.
- Llull used his diagrams to help us visualize moving from vice to virtue.
- Llull also put "dignities of God" on his diagram. These reflect the image of God in creation.

NOTES/QUESTIONS:

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LESSON

2.1

KEY TAKEAWAYS

Ramon Llull gives us the first actual representation of a 9-pointed star resembling the Enneagram.

Ramon Llull's teaching on the movement from vice to virtue is essentially what is taught today.

Ramon Lull's nine vices are the same vices around our modern Enneagram.

Ramon Lull's visual map of the dignities of God mirrors the work of recent Christian authors showing how each type reflects the image of God.

**MORE
RESOURCES**

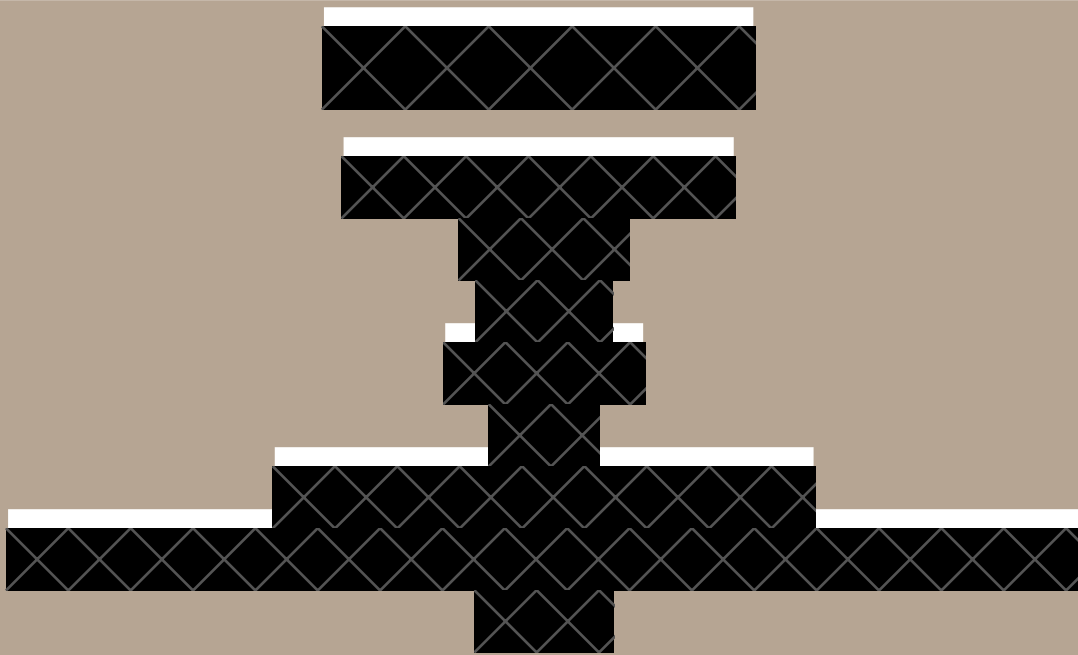
ENNEAGRAM

CONTRIBUTORS

George Gurdjieff

Enneagram symbol

Centers of Intelligence (Head, Heart, Gut Triads)



Claudio Naranjo

Enneatypes

Defense Mechanisms

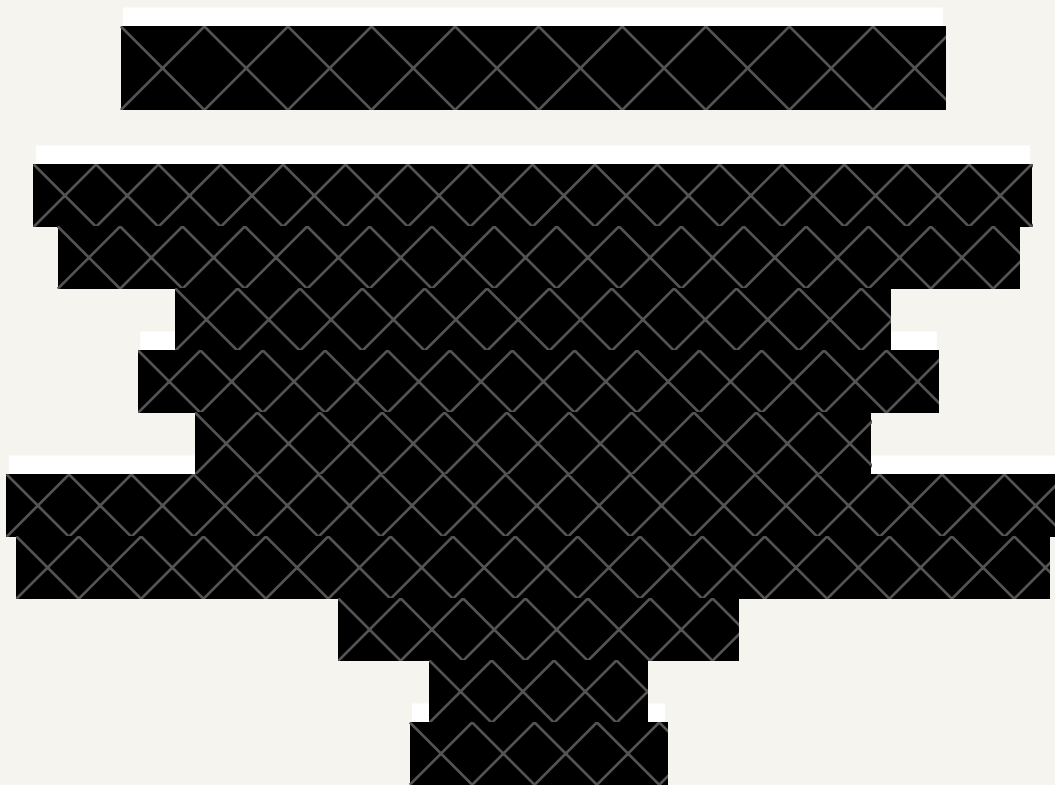
Integration & Disintegration (lines/arrows)

Idealized Self-Image (adapted from Karen Horney)

Subtypes (further development of Instinctual Variants)

Katheleen Hurley & Theodore Dobson

Harmony Triads — the first ones to come up with the
triangles where each number is connected to a head,
heart, and body number



Dr. David Daniels

Harmony Triads - Pragmatists (3,6,9);
Relationists (2,5,8); Idealists (1,4,7)

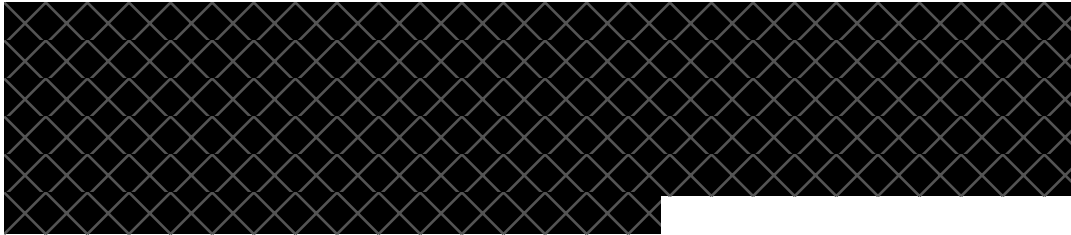
Katherine Fauvre

Tritypes

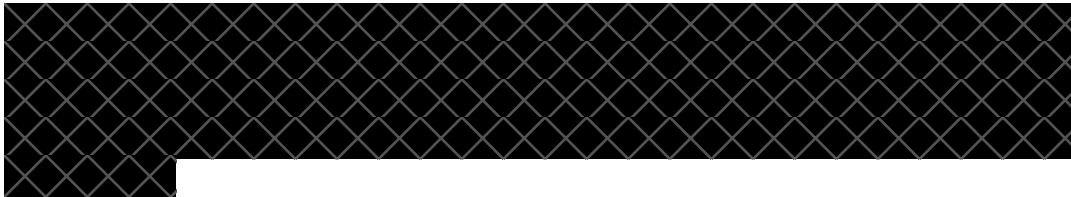
THE REAL HISTORY OF THE ENNEAGRAM

ANSWERING COMMON MYTHS

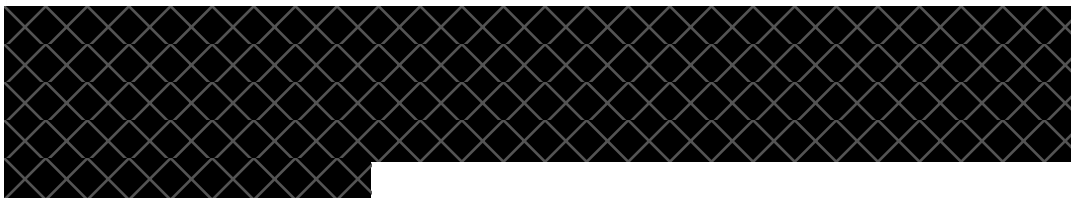
MYTH #1: THE ENNEAGRAM IS ANCIENT



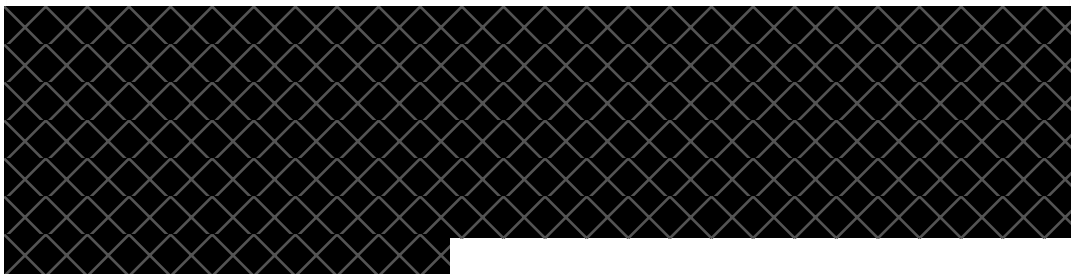
MYTH #2: THE ENNEAGRAM IS A CHRISTIAN TOOL



MYTH #3: THE ENNEAGRAM IS A SUFI TOOL



MYTH #4: THE ENNEAGRAM IS BASED ON
ASTROLOGY AND NUMEROLOGY



THANK YOU!

I want to commend you. You've resisted the temptation to be reactionary or intellectual lazy. You've done your homework. You've checked multiple sources. You've "tested everything" like the Apostle Paul said to do. I know that you will be able to make your own Spirit-led decision moving forward about the Enneagram. Thank you for letting me be a part of this journey with you. Let's stay in touch! Grace and peace to you.



**THE REAL
HISTORY**

OF THE ENNEAGRAM